



CLIENT CONTACT INFORMATION

Name: _____ Phone: _____

Mailing Address: _____ Email: _____

Emergency Contact Name/Number: _____

COACHING CONSENT FORM

This Coaching Agreement (hereafter referred to as “The Agreement”) constitutes a contract between Dr. Judy & Psychological Healing Center’s team (hereafter referred to as “The Coach”) and _____ (hereafter referred to as “The Client”). As The Client, please read it carefully.

Services: The services provided by Dr. Judy & Psychological Healing Center’s team include coaching or tele-coaching on topics decided jointly with you, The Client. The purpose of coaching is to develop and implement strategies to help you reach personally identified goals of enhanced performance and personal satisfaction in the dating or relationship realm. Coaching may address specific personal projects, life balance, or general conditions in The Client's life. Coaching utilizes personal strategic planning, values clarification, brainstorming, motivational counseling, and other counseling and consulting techniques, but it is not considered therapy and cannot be billed to any insurance company as a medical service.

Payment Procedure: The fee for service will be mutually decided upon prior to rendering of services. After our first appointment, The Coach’s time can be prorated for all communication time, including email or text messages. I do not charge for communication related to appointment scheduling.

If meeting in person, The Client agrees to issue payment at the time services are rendered. If meeting via phone/video, payment is to be received no later than 24 hours prior to the scheduled appointment time or the session will need to be rescheduled. Any changes to this procedure must be mutually agreed upon in writing and signed by both The Client and The Coach.

PSYCHOLOGICAL HEALING CENTER

15615 Castlewoods Drive, Sherman Oaks, CA 91403 | 152 S. Lasky Drive #208 D, Beverly Hills, CA 90212

www.psychologicalhealingcenter.com

310.739.4491



Call Procedure: If The Client opts to attend sessions by phone or video chat, The Coach will call The Client at the pre-arranged time and telephone number as scheduled. If there is a fee associated with the call, this fee is the responsibility of The Client. The Coach is not responsible for technical difficulties that occur within the call. If calls cannot proceed due to technical difficulties, The Client is still responsible for The Coach's time.

Cancellations: For individual Coaching clients, you must give twenty-four (24) hours prior notice if you need to cancel or change the time of an appointment, otherwise you will be charged for the session in full. The Coach will make reasonable efforts to reschedule sessions which are cancelled in a timely manner.

Termination: Either party may terminate the coaching relationship for any reason by providing the other party with a written notice, which may be transmitted by email or fax.

Confidentiality: As a licensed psychologist, it is Dr. Judy's and Psychological Healing Center's team's duty to protect the confidentiality of the communications with all clients, including coaching clients. I, The Coach, will only release information about our work to others with your written permission or if I am required to do so by a court order. There are some situations in which I am legally obligated by Federal and State laws to breach your confidentiality in order to protect others from harm, including the following: (1) If I have information that indicates that a child, elderly or disabled person is being abused, I must report that to the appropriate state agency; and; (2) If a client is an imminent risk to him/herself or makes threats of imminent violence against another person, I am required to take protective actions. These situations rarely occur in coaching practices, but if such a situation does occur, I will make every effort to discuss it with you before taking any action.

Electronic Communication: The Client should be aware that it is impossible to protect the confidentiality of Client information which may be transmitted electronically (i.e., electronic mail and other information stored on computers connected to the internet, by cordless or mobile telephones and similar telecommunication and computer equipment). Therefore, it is agreed between The Client and The Coach that The Client waives any action legal or otherwise against The Coach and holds The Coach harmless for any interception of Client information resulting from the use of the above-mentioned equipment.

PSYCHOLOGICAL HEALING CENTER

15615 Castlewoods Drive, Sherman Oaks, CA 91403 | 152 S. Lasky Drive #208 D, Beverly Hills, CA 90212

www.psychologicalhealingcenter.com

310.739.4491



Coaching vs. Psychotherapy: In addition to being a Coach, Dr. Judy is also a licensed psychologist in the state of California, with training and experience in diagnosing and treating emotional and psychological problems. Although there are some similarities between coaching and psychotherapy, I, as The Coach, will not conduct psychotherapy under most circumstances with my coaching clients. Coaching and psychotherapy are different modalities of counseling, and it is important that you as The Client understand the differences between them. Although both Coaching and psychotherapy utilize knowledge of human behavior, motivation, behavioral change, and interactive counseling techniques, there are major differences in the goals, focus, and level of professional responsibility.

Professional Coaching is an ongoing professional relationship that helps people produce desired change in their dating and relationship lives. Through the process of coaching, clients deepen their learning, improve their performance, and enhance their quality of life. In each meeting, the client chooses the focus of conversation, while the coach listens and contributes observations and questions. This interaction creates clarity and moves the client into action. Coaching accelerates the client's progress by providing greater focus and awareness of choice. Coaching concentrates on where clients are now and what they are willing to do to get where they want to be in the future. Coaches recognize that results are a matter of the client's intentions, choices and actions, supported by the coach's efforts and application of the coaching process. You can expect that I, your Coach, will be honest and direct, asking straightforward questions and using challenging techniques to help you move forward. As with any human endeavor, coaching can involve feelings of discomfort and frustration which may accompany the process of change. If the coaching is not working as you wish, you should immediately inform me, your Coach, so that we can both take steps to correct the problem.

Psychotherapy is a health care service. Its primary focus is to identify, diagnose, and treat nervous and mental disorders. The goals include alleviating symptoms, understanding the underlying personality dynamics which create symptoms, changing the dysfunctional behaviors which are the result of these disorders, and helping patients to cope with their psychological problems. While psychotherapy may be reimbursable through health insurance policies, Coaching services, at present, are not. It is understood and agreed to by The Client and The Coach that if either of us recognizes that you, The Client, have a problem that would benefit from psychotherapy, I, The Coach, may refer or direct you to appropriate resources in addition to or in lieu of Coaching.

PSYCHOLOGICAL HEALING CENTER

15615 Castlewoods Drive, Sherman Oaks, CA 91403 | 152 S. Lasky Drive #208 D, Beverly Hills, CA 90212

www.psychologicalhealingcenter.com

310.739.4491



In some situations as a condition of my continuance as your Coach, I may insist that you enter psychotherapy and that I have your consent to discuss matters which concern you with your psychotherapist. It is further understood that, as The Coach, I am not obligated to provide you, The Client, with psychotherapy services.

Outcomes: I, The Coach, am not able to personally guarantee coaching outcomes. That said, if you, The Client, are willing to put in the time and resources needed to achieve your goals, I have every reason to believe you will have a positive coaching experience.

Dispute Resolution: It is agreed between The Client, his or her assigns, family and estate and The Coach that any controversy or claim arising out of or relating to The Agreement, or the breach of this agreement, shall be settled by arbitration by an accredited individual or organization with an arbitrator whom we mutually agree upon. And, the arbitration may occur by telephone.

Your signature below, as The Client, acknowledges that you have read the information contained in this agreement and indicates your consent to its terms.

The Client _____ Date _____

The Coach _____ Date _____

Dr. Judy _____ Date _____
(if services are provided by a team member)

PSYCHOLOGICAL HEALING CENTER

15615 Castlewoods Drive, Sherman Oaks, CA 91403 | 152 S. Lasky Drive #208 D, Beverly Hills, CA 90212

www.psychologicalhealingcenter.com

310.739.4491